

RETURN TO PRACTICE TIP SHEET PER GOVERNOR INSLEE'S PROCLAMATION 20-24.1

This condensed Tip Sheet is a checklist for what LMT's will need to address in their practices in order to open per the Governor's Proclamation. **Refer to the proclamation for the expanded readiness guidelines.**

Each county serves as its own Local Health Jurisdiction (LHJ). If the surge capacity of the LHJ is below 20% then only urgent cases may be seen (Crisis Care Phase). If the surge capacity is above 20% then the LHJ is in the Contingency Phase. Click [here](#) to go to the county dashboard for LHJ research.

- Is the surge capacity in the county where the practice is located 20% or higher? Yes No

If the answer to any of the following questions is NO the practice is NOT ready to open for either urgent or non-urgent care.

- Has the practice exercised clinical judgement to determine the need for massage services in the broader context of the pandemic and community need? Yes No
- Is the practice management monitoring the surge % of their LHJ? Yes No
- Has the practice developed an expansion/contraction plan based on any changes on the LHJ surge%? Yes No
- Does the practice have adequate and appropriate PPE, sanitation products and equipment to serve their caseload? Yes No
- Does the practice review and update their infection control process based on CURRENT best practices? Yes No
- Are regular staff meetings held for feedback on delivery of care processes, PPE, and technology related to expansion of care? Yes No
- Does the practice utilize telemedicine to evaluate for patient wellness and care prior to the appointment? Yes No
- Are on-site fever and COVID symptom screening of all staff, patients, and visitors prior to entering the practice happening? Yes No
- Has the practice developed and implemented setting-appropriate pre-procedure COVID-19 testing protocols? Yes No
- Where employees are involved is there a non-punitive sick leave policy that adheres to CDC return to work guidelines? Yes No
- Has signage been posted encouraging staff, patients, and visitors to practice hand sanitation, avoid touching their face, and practice cough etiquette? Yes No
- Is the practice set up to accommodate proper physical distancing for all staff, patients, and visitors outside of the treatment room? Yes No
- Are visitors limited to those essential for the patient's well-being and care? Are visitors screened for symptoms via telemedicine calls and prior to entering the practice? Yes No
- Are all patients wearing face masks while in the facility and consistent with the care being provided? Yes No
- Are all surfaces frequently cleaned and disinfected per EPA standards? Yes No
- Has the practice identified and implemented strategies for addressing employees with exposure to COVID-19 patients? Yes No
- Is there language appropriate education for patients about COVID-19? Yes No
- Does the practice follow [Proclamation 20-46](#) - High Risk Employees Rights? Yes No

For the complete expanded list of practice readiness standards please review the Governor's Proclamation starting on page 3.